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2022-23

UIL VOLLEYBALL CCP



AGENDA

- UIL Information
- Sport Specific
- Coaching Reminders
- Rules & Regulations
- Miscellaneous Information



**Director of Athletics
Dr. Susan Elza**



**Assistant AD
AJ Martinez**



**Assistant AD
Joseph Garmon**



**Assistant AD /
VB Director
Brandy Belk**



Athletic Staff

LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.



2022-2023 FROM JUNE 2022 COUNCIL



Changes and Amendments:

GENERAL

- Section 1206 – School Practice and Game Restrictions- The language for off-season and summer strength and conditioning has been updated in the C&CR.
- Section 1206, School Practice and Game Restrictions – An update was made to a P.E. class and a class added to the list of courses for which there is an exception to the UIL rule that limits enrollment in physical education (PE) courses during the school day (Lifetime Recreation and Outdoor Pursuits replaces Adventure/Outdoor Education; Innovative Course: Team Sports Officiating was added).
- Section 1204(m), Flat Fee Schedule and Travel Reimbursement – Effective 2022-23, travel reimbursements for sport officials has been increased by \$5.00.
- Section 1204(m), Flat Fee Schedule and Travel Reimbursement – Effective 2023-24 a ten-year compensation plan for sports officials will begin. (fee increases every 3 years)
- Reclassification/Realignment – Allows UIL staff to place charter schools no more than one conference higher than the charter school's enrollment qualifies. (previously, was lowest enrolled school within ISD attendance boundary where charter school is located)



UPDATES FROM OCTOBER 2021 COUNCIL

What's New...

- Water Polo – Starts August 1st
- Swim/Dive - 4A & below conference
- 1A / 2A Volleyball – alignments splitting
- TABC Showcase – one-year pilot for boys basketball (Discuss in October Council)





Athletic Staff Responsibilities

2022-2023 WHO DOES WHAT NOW?

**Joseph
Garmon**

Team Tennis

Cross Country

Basketball

Soccer

Spring Tennis

Track & Field

AJ Martinez

Football

Golf

Wrestling

Water Polo

Baseball

Brandy Belk

Volleyball

Spirit

Swim & Dive

Basketball

Softball

CCP/Athletic
Policy



VOLLEYBALL

- Volleyball Dates
- Coaches Reminders
- Player Ejections
- Practice Regulations
- Allowable Contests
- Scrimmage & Game Regulations
- Rescheduling Games
- **New:** Official UIL Volleyball
- Coaches Checklist



VOLLEYBALL DATES 2022

August 1 - First day of practice

August 5 - First day for interschool scrimmages, all conferences

August 8 - First day for interschool games, all conferences

October 29 - District certification deadline

November 1 - Bi-district deadline

November 5 - Area deadline

November 8 - Regional quarterfinal deadline

November 11-12 - Regional tournament

November 16-19 – UIL State Volleyball Tournament

YEARLY UPDATE

2022-2023 COACHES REMINDERS

- **Coaches Certification Program (CCP)** – Coaches are required to have all CCP courses done by the start of their first practice or the start of school, whichever comes first.
- **Live streaming** –During the regular season, live streaming is permitted by mutual agreement of the two schools. During the postseason, the NFHS owns the rights to all games so a request form must be submitted and approved in order to be able to livestream a postseason contest.
- **Checklists** - Checklists for every sport have been created. All links are live and will take you right to the information you are looking for. Checklists are on each sports manual page.

YEARLY UPDATE

2022-2023 PLAYER EJECTIONS

- Player Ejection. Any player ejected from a contest is subject to an automatic penalty. The automatic penalty for such an ejection is as follows:
 - (A) Football. Ejected player misses the rest of the game in which they were ejected plus the first half of the following game.
 - (B) Other Team Sports. Ejected player misses the rest of the game in which they were ejected plus all of the following game.
 - Soccer Exception. This Section does not alter the current point penalty structure for soccer player ejections, as required by National Federation of State High School Associations soccer playing rules, that is outlined in the soccer coaches' manual.
- Any player ejected from a contest is subject to an automatic penalty as described above. Player ejections **cannot** be overturned by a game official and/or chapter. If a coach has a question following a contest with a player ejection, the coach should contact UIL.

PRACTICE REGULATIONS IN-SEASON

School is In-Session

- **Eight Hour Rule** – Practice outside the school day, from the beginning of the school week through the end of the school week (excluding holidays), is limited to a maximum of eight hours per school week per activity
- The in-school athletic period does not count towards the allotted 8 hours
- Any time used in connection with a practice that is not part of the athletic period counts as part of the 8 hours. (Dress, video/meetings, etc.)

PRACTICE REGULATIONS IN-SEASON

School is **NOT** In-Session:

- Maximum length of a single practice is 3 hours
- When two practices will happen in a day, a minimum of a 2 hour break must happen between the two practices
- If two practices happen, the total of both practices must not exceed 5 hours

PRACTICE REGULATIONS OFF-SEASON

School is In-Session

- **Strength & Conditioning Instruction** – teams in the off-season are allowed one hour of strength & conditioning instruction outside of the school day.
 - Athletes may only attend one, 1-hour session each day, Monday-Friday.
 - No skill instruction or equipment is allowed during this hour of S&C instruction.
- **Skill Instruction** - is only allowed during the athletic period for off-season sports.

ALLOWABLE CONTESTS

2022-23

- 0 Tournaments and 29 Matches or
 - 1 Tournament and 27 Matches or
 - 2 Tournaments and 25 Matches or
 - 3 Tournaments and 23 Matches
-
- 2 matches may be substituted for a tournament.



SCRIMMAGE REGULATIONS

- Saturday, August 5th – first day allowed for scrimmages.
- Volleyball teams may play unlimited scrimmages, ***with not more than four teams***, prior to school starting.
- Once school begins teams are limited to one scrimmage during the school week. Schools may also participate in an additional scrimmage, with not more than four teams, at the end of the school week (Friday after school or Saturday).
- No scrimmages may be played after a team's first interschool game.
- If more than four teams are invited to a scrimmage, each team may only scrimmage three different teams.





CONTEST REGULATIONS

- **High School** – one contest per *school week*:
 - See specific sport for calendar week limits.
 - Per activity - per student
- **Junior High** – one contest per *calendar week*:
 - See specific sport for week limits

DIFFERENCE BETWEEN CALENDAR AND SCHOOL WEEK:

- **Calendar Week**: 12:01 am Sunday to Midnight Saturday
- **School Week**: 12:01 on 1st instructional day of the week to close of instruction on the last instructional day of the week

GAME REGULATIONS: VOLLEYBALL

- Matches
 - Season Limits – know Your limits
 - School Week vs Calendar Week
 - Dual match – Same Competition Level, can play a dual Tuesday and Friday. Count as two matches in allowable season limit, ***counts as one contest for calendar week***
 - Dual matches can be played in addition to tournaments in a calendar week
 - Double header – 9th-JV, JV-Varsity, counts as the two matches in calendar week (***would only have a tournament left for calendar week***)



MATCHES PER WEEK REGULATIONS

- Double header (JV & V)
 - Can be played on a Tuesday but athlete cannot play again in that calendar week (M-Sa)
 - If one game is played on Tuesday, a double header cannot be played on Friday, only one game left for week.
- Games Allowed per Week
 - 2 matched games or;
 - 1 matched game and a tournament



RESCHEDULING GAMES CANCELED DUE TO WEATHER

- District varsity contests postponed by weather or public disaster, may be made up as an exception to the school week provided they are rescheduled and played on the next available date, other than Sunday, on which another district contest is not scheduled.
- Junior varsity, freshman and junior high teams ***may not*** play postponed matches / games as an exception to the school week.



GAMES RESCHEDULED: EXAMPLE

- Next available date (that another district game is not scheduled)
 - Game scheduled for Friday, postponed due to icy roads
 - Next available date is Saturday
 - Cannot automatically reschedule for Monday because you don't get the exception to school week if you don't try to play on next available date.
 - If weather still exists on Saturday, can push to Monday...district administration determines this.



NEW: OFFICIAL UIL VOLLEYBALL 2022-23 UPDATES

**Baden Perfection
- VX5EC-210A-
used for regional
and state
tournaments.**



**PERFECTION LEATHER VOLLEYBALL
VX5EC-210A**

2022-2023: CHECKLISTS



UIL Coaches' Checklist Volleyball 2022-23

	CHECKLIST	REFERENCE LINK	COMPLETION DATE
✓	PRE-SEASON		
	Register/update profile in the UIL Portal	UIL Portal	Prior to 1 st Practice
	Print and review Volleyball Manual	Volleyball Manual	Prior to 1 st Practice
	Update Coach's Name in MaxPreps	MaxPreps	Beginning of school year
	UIL yearly coaching requirements (CCP & TEC) (manual, p. 11)	Coaching Requirements	Prior to 1 st Practice
	Student participation required forms. Keep on file. (manual, p. 13)	Athletic Forms	Prior to 1 st Practice
	Varsity participation required forms. Keep on file. (manual, p. 13)	Athletic Forms	Prior to 1 st Practice
	Review rules regarding eligibility for athletic contests (manual, p. 12)	C&CR Sec. 400 & 403	Prior to 1 st Practice
	Review Volleyball Plan (manual, p. 9-10)	Volleyball Plan	Prior to 1 st Practice
	Review UIL rule changes (manual, p. 6-7)	UIL Rule Changes	Prior to 1 st Practice
	Review NFHS rule change (manual, p. 8)	NFHS	Prior to 1 st Practice
	Complete PAPFs and file with UIL Office <ul style="list-style-type: none"> Apply/Complete any necessary Waivers and file with UIL 	PAPF Process Waiver Information	Prior to 1 st Practice
	Submit Varsity Team Eligibility Form to District Chair (UIL Portal)	UIL Portal	Prior to 1 st Contest
	Practice begins		August 2
	Scrimmages allowed		August 5
	Matches allowed - 3 matches (or dual matches) allowed in calendar week; only 1 match during school week, 2nd and 3rd played outside the school week, Friday and Saturday		August 8
	Matches (or dual matches) allowed - 2 matches / calendar week; 1 match during school week		August 22
	Update schedule and record on MaxPreps	MaxPreps	Ongoing
✓	POST-SEASON		
	Print and review Post Season Handbook	Post Season Handbook	
	District Certification by District Chair	Certification Instructions	October 29
	Advancing team's coach must report scores on MaxPreps	MaxPreps	

- Checklists for every sport have been created. All links are live and will take you right to the information you are looking for.
- Will be on manual page.
- Let us know if there is more you would like to see on these checklists.





OTHER REMINDERS



- JH / MS Regulations
- Summer Instruction
- School Sponsored Camps
- Playing Rule Changes
- Coaches Training Requirements
- Student Participation: Required Forms

"I didn't know what the outcome would be but I committed to the purpose."



GENERAL REGULATIONS

JUNIOR HIGH / MIDDLE SCHOOL

- **Scheduling**: No game, contest, scrimmage or tournament, including district competition, shall begin prior to the end of the academic school day for all participants
- **ONE** contest in a calendar week, can also play a tournament in same calendar week.
- **Length of Season**: Know the number of days to complete seasons. Days start counting on the first day of try-outs or practice, whichever is first. Section 1478.
- **No Post-District Competition**: There shall be no post-season playoffs or competition in any athletic event.

SKILL SPECIFIC and STRENGTH & CONDITIONING

2022-2023 SUMMER INSTRUCTION

- **Limitations:** Sessions for both strength & conditioning and sport specific skill instruction may be conducted by school coaches for students in grades 7-12 from that coaches attendance zone.
- A ***strength and conditioning session*** shall be no more than two hours per day, Monday through Friday. A student shall attend no more than one session per day.
- ***Sport specific skill instruction*** may be conducted in addition to the strength and conditioning session(s), and a student shall attend no more than 90 minutes per day of sport specific skill instruction with no more than 60 minutes per day in a given sport, Monday through Friday.
- **Further details are on the UIL Athletic Homepage**





2022-2023 SCHOOL SPONSORED CAMPS

School Year Limitations: For students in *grades six and below*: two camps are allowed, per sport, during the school year.

Summer Limitations: For all students with the exception of students entering their **second, third or fourth** year of high school may attend two school sponsored camps during the summer break.

- No more than six consecutive days for each camp.
- Schools cannot furnish / issue any individual player equipment
- Schools can furnish sport equipment (balls, standards, goals, football dummies, pitching machines, etc.)

KNOW THE RULES

- Make sure you have a sport rule book (, , , ).
 - Playing rules are not UIL rules, know the difference between playing rules and UIL eligibility and policy rules.
 - Make sure you have the appropriate playing rules book for your sport and know new rules each year.
- Bookmark your **SPORT MANUAL**
 - **NEW:** Starting with the 2022-23 school year manuals will be digital and can be found on the left-side menu on your sports page.
 - Information is organized in an easy-to-find manner.
- Download or bookmark the Side by Side Manual
 - Will answer questions about no-pass / no-play, eligibility and more.



2022-23 - NFHS

VOLLEYBALL RULE CHANGES:

- NFHS are our playing rules, purchase a rulebook from www.nfhs.org
- Uniform rule is NFHS Rule 4-2
- Solid colored uniform rule – was eliminated in 2019
- Upcoming uniform change – beginning July 1, 2023
 - The body of the number can no longer be the jersey color itself. It must be of contrasting color.
- **2022 Rule changes on following slides...**



2022-23 - NFHS

VOLLEYBALL RULE CHANGES:

- **3-1-3 PENALTY, 4-2 PENALTY 3:** Adds language allowing state associations to determine the appropriate action/penalty when padding requirements are not met and a team does not have six legal uniforms.

Rationale: Clarifies that state associations have the authority to determine the action and/or penalty(s), if necessary, to address these issues.

- **4-1-6:** Allows hair adornments provided they are securely fastened and do not present a safety hazard while eliminating the length limitation of 2 inches for bobby pins, flat clips and flat barrettes.

Rationale: Creates inclusivity of hair styles while maintaining that the risk of injury to the athlete, teammates and opponents should not be compromised.



2022-23 - NFHS

VOLLEYBALL RULE CHANGES:

- **4-2-1f:** Eliminates the manufacturer logo/trademark/reference restrictions on the waistband **ONLY** of the uniform bottom.
Rationale: Allows for multiple and eliminates size restrictions of manufacturer logos/trademarks/references on the uniform waistband **ONLY**, minimizing issues related to illegal uniform bottoms.



2022-23 - NFHS

VOLLEYBALL RULE CHANGES:

- **5-6-3b, e; 5-7-3e:** Eliminates the sounding of the audio device when an improper server or an illegal libero replacement is recognized by the official's table and establishes that the official scorer shall notify the second referee during the first dead ball.

Rationale: Allows the match to continue without interruption until the second referee is notified and can verify the improper server/illegal replacement during the next dead ball.

- **7-1-2c (NEW):** Requires the head coach to indicate the playing captain with a "C" next to the player's number on the lineup.

Rationale: Aligns language in the Case Book and Officials Manual that requires playing captains to be indicated on the lineup.



2022-23 - NFHS

VOLLEYBALL RULE CHANGES:

- **11-2-1:** Allows requests for time-outs by the head coach or playing captain to be signaled or verbalized.
Rationale: Establishes that both verbal and non-verbal signals for a time-out are permitted.
- **12-2-5a:** Adds that assistant coaches may stand during a dead ball situation and ask the second referee to verify the number of substitutions used by their team.
Rationale: Clarifies that assistant coaches may ask the second referee, during a dead-ball situation, for the number of time-outs and/or the number of substitutions used by their team.



2022-23 - NFHS

VOLLEYBALL RULE CHANGES:

2022-23 Volleyball Editorial Changes

5-4-1h, 7-1-1 PENALTIES 2 & 3, 5-2-5d

2022-23 Volleyball Points of Emphasis

1. Sportsmanship
2. Playable-Nonplayable Situations
3. Injury Procedures



COACHES EDUCATION AND TRAINING REQUIREMENTS **STATE LAW**

- CPR and First Aid Training – must have a current certification filed with the district
- AED Training – must have a current certification filed with the district
- Safety Training – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training – training must be completed annually (2 hours every other year/1 hour annually)



COACHES EDUCATION AND TRAINING: REQUIREMENTS

- UIL Professional Acknowledgement Form– On file with the district (C&CR 1202(j))
- Coaches Certification Program (CCP)– online / in-person training (C&CR 1208(i))
 - Constitution & Contest Rules
 - Ethics
 - UIL Steroid Education
 - Safety Training (state law)
 - Concussion Training (state law)
 - Sport Specific Training – each sport has a separate module
 - Football Coaches ONLY – Best Practices in Tackling certification
 - First Year Coaches ONLY - Fundamentals of Coaching in Texas (C&CR 1202 (L))
 - Safety/Risk Minimization for Cheerleading Coaches – local district determines the provider for training, and training must be completed prior to any student contact

STUDENT PARTICIPATION REQUIRED FORMS

- Pre Participation Physical Examination Form
- Medical History Form
- Rules Acknowledgment Form
- Parent or Guardian Permit
- Parent/Student Anabolic Steroid Use and Random Steroid Testing Form
- Concussion Acknowledgement Form
- Sudden Cardiac Arrest Awareness Form





ELIGIBILITY

ELIGIBILITY: 1st Six Weeks Of School Year

- Grades nine and below - promoted
- Second Year of High School – five accumulated credits
- Third Year of High School - ten accumulated credits or five credits within the last twelve months
- Fourth Year of High School - fifteen accumulated credits or five credits within the last twelve months



ELIGIBILITY: Sub-varsity And Junior High

An individual is eligible to participate if...

Sub-Varsity Eligibility

- Full time student
- Academically eligible

Junior High Eligibility

- Full time student
- Academically eligible
- Age appropriate for JH athletic competition



ELIGIBILITY: VARSITY ATHLETICS

- Meets all requirements of Section 400 & 403
- Is an amateur
- Meets Parent Residence Rule
- Meets the Age Rule
- Has not changed schools for athletic purposes
- Previous Athletic Participation Form



ELIGIBILITY: PAPF (Previous Athletic Participation Form)

- *Required for All **NEW** students in grades 9-12 who have:*
- **Required** if a student practiced or participated with a former school in grades 8-12 in any UIL athletic activity.
- **New school must verify that the student meets the parent residence rule.**
- **District Executive Committee** must determine that student did not move for athletic purposes and approve PAPF before a student is eligible to participate at the **varsity** level at the new school
- Submitted to the UIL office.





CONTACTS



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